



TO DRUG IS HUMAN, TO NOURISH IS HUMANE • BY ANNAREE MILLER.

Recently I was asked by a fellow health practitioner to write an article on vaccinations. She was distressed because one of her clients had been recommended by her doctor to vaccinate her 3 month old baby with a tetanus injection after experiencing a minor abrasion.

I wonder here about the nature of healing, in society today. **Is the 'quick fix' way of addressing potential problems in life, taking away our long term sense of responsibility?** And more importantly, are these innocent young beings, being used as an 'escape goat' for certain adults of the world to avoid what appears to be **the crucial factor needed in the continuation of life.** The crucial factor that would **include the care and nourishment of the individual, couples, families, communities, nations and the planet.** Or has the value of the dollar exceeded the value of human life, or dare I say it life itself.

In the case of the infant I mentioned at the beginning of this article, what about applying the simple rules of first aid such as:

- a) Clean the wound.
- b) Use disinfectant (if needed).
- c) Cover the wound.
- d) Let the body's natural defense (immunity system) 'kick in'.
- e) Provide nourishment to the body, mind and emotions, that will enhance the repair and maintenance of health.

Is society today that reliant on the quick fix of health within the fast pace of living, that we no longer **trust what nature has so**

beautifully provided for us to savour and grow?

Furthermore, the **food industry** continues to **adulterate the very factor that nourishes our bodies**, that of course being food. Important components of food, like fat, (and yes **fats are crucial for both proper neurological growth and immune response in both adults and particularly growing children**), are taken out and then put back in when it suits the marketing of the product concerned. Whatever happened to just leaving it the way nature had it in the first place. Then to add **'salt to the wound,' the pharmaceutical companies produce the components that are missing from the foods, in the form of a supplement.** Of which the deficient component, could be the result of the agricultural industry's 'quick' attempt to grow the produce in the first place.

The answer here could be as simple as nourish the soil more with nature, time, etc., nourish, nourish, nourish!

Further on the subject matter of vaccinations, and it's not that I am anti—vaccinations or anything else for that matter, because as my Yogic background has always emphasised, **'everything has a purpose.'** It's just that I am wondering if the term **'appropriateness' also needs to apply** when considering their use. Vaccinations came to my attention, both personally and clinically with the experience of my first child's vaccination at 3 months, as well as the experience of patients I have nursed. Although all experiences were anecdotal each case indicated that the cost of a vaccination was more than the proposed rewards.

If the hierarchy knowingly

acknowledge these adverse reactions, and this is explained later in the compensatory boards establishment, then doesn't **society owes it to the innocent children to investigate more into the adverse reactions of vaccinations**, as well as the suspected links with diseases; such as SIDS and **Autism.** Especially when the later has **increased in expeditious rate in the last 30 years.**

On the subject of SIDS, in 1986 the first **'Cotwatch'** machine was used by parents wishing to monitor their newborn baby's breathing. It was built by Leif Karlsson, a biomedical electronics engineer, and the machine was to investigate the cause of SIDS. The findings were sent to Paediatricians for their comments. After assessing the records of stress-induced breathing patterns over several days, **the Paediatrics admitted that the indicators (vaccines) were the cause.** (Scheibner 1993: XV).

In a comparison of 'COTWATCH' and another study by Dr P Sanchez, both Dr Schiebner and Dr P Sanchez, an Assistant Professor of Paediatrics at the University of Texas, found that **19% of infants in their study groups developed either new or increased episodes of apnoea** (absence of breathing), in the 24-48 hours following the administration of DPT and Hib conjugate vaccines (Australian Doctor, Nov. 12 1993, cited in Golden 1994:12).

Naturally this breathing difficulty would be a concern to any parent. I experienced this first hand when my eldest child suffered dyspnea (difficulty breathing), after her only consent given vaccination at three months.

Fortunately as a health practitioner I knew what do.

